GRIT Self-Assessment for Grades K-5

	Beliefs and Behaviors	Score	Evidence
Growth Mindset	- If I try hard, I will succeed. - Mistakes help me learn. - I look for and listen to feedback. - I work independently. - I reflect on my strengths and weaknesses to improve my goal-setting. - I try new things.		
Resolve	- I commit to my goals. - I am proud of myself for reaching my goals. - I use smaller, short-term goals to reach my long-term goals. - If I change a goal before completing it, the decision is thoughtful and for good reason.		
Integrity	- I believe that copying others' work is not okay. - I am honest and fair, even when it's hard. - I stand up for what is right. - I accept full responsibility for my work.		
Tenacity	- I "bounce back" after mistakes. - I try and try again when something doesn't work. - My creative thinking can solve problems. - I use my resources when I need them.		

GRIT Rubric for Grades K-5

	4	3	2	1
Growth Mindset	I believe that, if I work hard enough, I can achieve anything. Even if I fail at something, I understand that is temporary. I need not rely on others to achieve my goals, but I ask them what I could be doing better and listen to their feedback. I am thoughtful about crafting my immediate goals to achieve my longer-term goals and use my strengths and weaknesses to inform my goal-setting. I welcome challenges because I know that I will learn from the problems that they present and that I will be proud of myself for accomplishing something difficult.	I believe that I can achieve my goals if I work hard enough. Even if I fail at something, I understand that is temporary. I craft my immediate goals to achieve my longer-term goals and use my strengths and weaknesses to inform my goal-setting. I use people's feedback in order to improve myself. I confront challenges because I know that overcoming them is critical to my success. I am proud of myself for accomplishing difficult goals.	I believe that I can achieve my goals if luck and timing work out for me or if I have other people's help, although sometimes if people are trying to help me, I don't listen. If I fail at reaching a goal, I often think that maybe I should not have strived for it in the first place. I often put too much emphasis on my weaknesses when planning long-term goals. I generally avoid challenges or aim to do "just enough."	I generally believe that, no matter how hard I try, life is working against me. I don't need anybody helping me or telling me what to do. My ability is lacking, and I am basically set on a path that I can't change. I don't bother to set goals because I don't really think that I will accomplish them.
Resolve	Once I create a goal, I commit to it even if it requires a great deal of time to complete. I value the fulfillment of reaching long-term goals. I use smaller, short-term goals to reach my long-term goals. If I change a goal before completing it, the decision is thoughtful and for good reason.	I generally commit to my long-term goals. If I change a long-term goal, I do so after thoughtful consideration of the reasons and ramifications of such a change. I use smaller, short-term goals to reach my long-term goals.	I sometimes commit to my long-term goals. When I do not follow through with a long-term goal, that outcome often arises from a sense of defeat or frustration. I sometimes use smaller, short-term goals to reach my long-term goals.	I rarely or do not commit to long-term goals. I also may struggle to commit to short-term goals.

Integrity	I believe that plagiarism and cheating are unacceptable and insist that my peers not plagiarize or cheat. I am honest and fair even when being so is difficult. I stand up for what is right under any circumstance. I accept full responsibility for my work.	I never plagiarize or cheat. I am honest and fair even when being so is difficult. I stand up for what is right. I accept full responsibility for my work.	I try not to plagiarize or cheat. I am usually honest and fair. Sometimes will challenge the immoral actions of others. I sometimes blame other people for my challenges and failures.	I often plagiarize or cheat. I often manipulate situations to my advantage. I tend not to stand up for what is right. I sometimes blame other people for my challenges and failures.
Tenacity	I always "bounce back" after challenges or failures. My creative thinking nearly always solves challenges. I access and/or create resources to overcome barriers. My maximum, consistent effort achieves goals. I anticipate challenges and shifts in circumstances and adapt to overcome those barriers.	I "bounce back" after challenges or failures. My creative thinking solves challenges. I access resources to overcome barriers. My consistent effort achieves goals. I anticipate challenges and shifts in circumstances and adapt to overcome those barriers.	I sometimes "bounce back" after challenges or failures. I often feel defeated if a situation doesn't work out the way I had planned. I am often caught off guard by changes in circumstances.	I feel helpless or resentful about my challenges or failures. I often give up on what I am working on if it becomes difficult. I do not take measures to anticipate and adapt to changes in circumstances.